

Hanover Central's Football Team is taking the measures this offseason to make a great name for themselves in the NCC for the upcoming year. "Besides the quality of play on the field, I believe that HC, as a whole school community, will bring a lot to the table," Head Coach Brian Parker explains. This is the first year Parker put preseason spring training on the schedule. These types of practices are considered "limited contact" practices, following the IHSAA rules. The team has 10 two-hour practices in the spring, starting on April 12th. Everyone is very eager to get back on the grid and get better, especially the coaching staff. "This spring we are just really focusing on our sprint mechanics, redirection and installing some of our core concepts both offensively and defensively. It is an opportunity to get the guys who are not in a spring sport, to go outside and do some football-specific activities to set the table for when we really begin in June," Coach Parker said.

Along with spring training, the squad also has lifting and speed training with Coach AJ Grezenko. He has developed a strong strength and conditioning program for every athlete in the school. The most exciting part for the athletes and Coach G is the new weight room that is coming very soon! "The most exciting part, for me, is having a facility that will allow me to meet the needs of our students. Our S&C class has grown tremendously, despite the current obstacles of our current training facility. The difference between something good and something great is attention to detail, and we achieved the "attention to detail" with this facility," Coach G says. The team is going to be able to use the new facility to provide for the football teams growth as well as every other team. He values the development of all athletes and enjoys training everybody. "NEW ROOM. SAME MENTALITY. Our philosophy is to create and develop the fastest, most physical, and aggressive athletes in the state of Indiana. The motivation behind pushing for a facility upgrade was not just for our football players but to also educate, equip, and empower ALL Hanover Central students who are willing to commit to the standard that is set in our training facility."

The team along with coaches have tunnel vision for every one of their goals. What do those goals entail? "The goals stay the same. Win conference, win sectionals, win regionals, win semi-state, and win a state championship! Just because we are moving to a tougher conference, it does not mean that we lose sight of what has got us to this point and what is going to get us to take the next steps," Coach Parker explains. Those goals are very attainable for the group Hanover has, no doubt. Though we lost great talent last year, the future looks very bright. "We have a strong, cohesive staff that enjoys coming to work every day and getting the most out of our players. As the head coach, I feel it is my responsibility to give these young people a positive football experience for however long they are with us. With our new facilities (turf field, locker rooms, weight room) I think playing football at HC is cool," Parker says. From that statement, you can see that the coaches and team see a bright future and have big intentions when they join the NCC. "Every season we are looking to add/subtract things that we best believe fit our personnel to set the players up for success as best we can. We are going to show up, line up and play Hanover Central football and I truly believe that will find us on the right side of the scoreboard on most Friday nights."

Everyone is going to be ready going into August 18th. When it comes to our coaching staff and players, they are all on the same page of what they want to achieve in the 2023 season. HC football has all the resources they need to have a successful year, and there is not a doubt that Hanover will, yet again, have a great season. We cannot wait to see you at opening kickoff August 18th, at 7pm in the Bearcat Den!